



## What is Hattiesburg Clinic Connections?

Hattiesburg Clinic Connections serves as a regional resource center for individuals who experience attention problems, learning differences, behavioral concerns or emotional difficulties. The team at Connections uses evidence-informed guidelines and standard-of-care practices to help improve the lives of people with conditions such as attention deficit hyperactivity disorder (ADHD), dyslexia, anxiety, depression, oppositional defiant disorder (ODD), and autism spectrum disorder.

Our providers are dedicated to helping individuals and families function so that each person reaches their fullest potential.

### Who should consider coming to Connections for an evaluation?

Any child or teenager who faces greater challenges academically than their peers could benefit from an evaluation. Additionally, children or teens with significant behavioral concerns, signs of anxiety or depression, or certain developmental delays could also benefit from a thorough evaluation.

#### **Does Connections treat Adults?**

Yes! Connections adult medical providers include a family physician, a physician assistant and a nurse practitioner. Our clinicians are well-versed and skilled in treating adults with ADHD, anxiety and depression. For adult patients, a copy of a previous psychological evaluation is required to receive treatment for mental health conditions at Connections.



# What should a new patient expect at Connections (age 3 through college student)?

A family physician, pediatrician, nurse practitioner or physician assistant will perform a comprehensive history and physical exam, and he or she (singular) will discuss with the patient's family the recommended additional phases of evaluation. After the evaluations are completed, the providers will meet with the family again to discuss the evaluation results and management recommendations going forward. Treatment plans often include academic, behavioral, and medical components. If medical treatment is considered for ADHD or related concerns, patients may choose to continue medical management at Connections, or they may choose to go to their primary care provider for treatment.

The speech language pathologists at Connections provide part of the evaluation for most children evaluated for learning or attention problems, as problems with speech, language, reading, or writing are commonly present in those who face academic hurdles. Our speech language pathologists also help parents understand what types of educational interventions or support resources might benefit their child or adolescent after their evaluation.

Connections is in the same building with Hattiesburg Clinic Psychology & Counseling. Patients at Connections receive thorough evaluations by their psychologists who help guide treatment recommendations. Psychological providers are also available for counseling or behavior therapy, which can improve the lives of so many children and families.

#### Who does not need to be a patient at Connections?

Hattiesburg Clinic Connections does not have a psychiatrist. Connections providers are very experienced in managing ADHD, mild to moderate anxiety or depression, and other common co-existing conditions. However, those with more complex conditions or who have a history of hospitalization in a mental health facility should be cared for by a clinic with a different level of training. Hattiesburg Clinic Connections reserves the right to decide if a patient will be a candidate for care at the clinic based on patient history.