

18th Annual

ADHD

and Related Concerns
CONFERENCE
VIRTUAL EDITION

HOSTED BY



OCT. 21-22, 2021



Our mission is to educate and inspire the community to better diagnose, treat, and care for those with ADHD and coexisting disorders.

WHO SHOULD ATTEND

School Administrators
Educators
Health Care Providers
Psychologists

Dyslexia Therapists
Parents
Caregivers
Counselors
Nurses

Marriage and Family Therapists
Social Workers
Speech-Language Pathologists



USM DuBard School for Language Disorders is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language

pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course has applied for 1.0 ASHA CEUs (intermediate level, professional level)

To learn more, visit
HATTIESBURGCLINIC.COM/ADHD



VIRTUAL CONFERENCE

SAVE THE DATE FOR THE 18TH ANNUAL ADHD AND RELATED CONCERNS CONFERENCE - VIRTUAL EDITION OCT. 21-22, 2021!



Hattiesburg Clinic Connections and Psychology & Counseling hoped to offer the conference in a hybrid format this year, but that will not be possible. However, we will offer the conference virtually for a second year, hopefully, to be back in person in 2022! Attendees will be able to watch the conference in **real-time** or **on-demand through Nov. 2021**.

IMPORTANT CREDIT INFORMATION

Certain credit offerings are not flexible, so be sure to read carefully when registering for the conference to make sure you can view sessions both live and recorded to receive credit. Some credits can only be received for live viewing, and some credits can only be received for on-demand viewing. This information will be available at registration.

SUBSCRIBE AND FOLLOW TO STAY UP TO DATE!



www.hattiesburgclinic.com/adhd



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KEYNOTE SESSIONS

OPENING KEYNOTE

Thursday, Oct. 21, 2021

"Move to Learn" – Let's MOVE to Learn!

Larry Calhoun and Dale Dieckman, ATC, CSCS

Better grades. Better health. That's what "Move to Learn" is about. Studies have shown that physical activity increases children's ability to learn. That's why "Move to Learn" incorporates movement in the classroom. This program is designed to be fun for students, improve learning, increase time on task and assist teachers with classroom management.

About Larry Calhoun

Coach Larry Calhoun is the division director of the Office of Healthy Schools for the MS Department of Education. He has over 25 years of experience in education, teaching in several school districts in Mississippi. He shares his infectious enthusiasm for a healthy, active lifestyle with students in the state – inspiring them to get fit and stay fit. When he's not sharing "Move to Learn" with educators and students throughout the state, Coach Calhoun referees basketball games for the NCAA, AAU, and numerous other athletic associations. He has been named an Outstanding Citizen by the city of Jackson and continues to actively serve in his community.

About Dale Deickman, ATC, CSCS

Dale Dieckman ATC, CSCS is the physical education specialist for the Office of Healthy Schools in the MS Department of Education. Dale works with school districts to assist them by providing resources and training. He also works with The Bower Foundation traveling to school districts across the state helping present "Move To Learn." Dale holds a degree in Coaching and Sports Administration from The University of Southern Mississippi and holds certifications with the National Athletic Trainers Association and National Strength and Conditioning Association.

CLOSING KEYNOTE

Friday, Oct. 22, 2021

Dr. Kent and Friends

Ronald Kent, MD, and panelists

This forum will provide an opportunity for participants to ask questions about ADHD and coexisting disorders and interact with Dr. Ronald Kent and his colleagues at Hattiesburg Clinic Connections and Psychology & Counseling. The goal of this session is to allow Dr. Kent and his colleagues to share general advice and experiences based on years of working with individuals with ADHD and related disorders. Participants will gain insight into the world of ADHD through answers to frequently asked questions and collaboration with peers. This session will also allow participants to submit questions and participate in general surveys, allowing each participant an opportunity to expand their knowledge in all areas of ADHD and related disorders. The advice shared will be general and not intended as medical advice. Each patient is unique and should consult a provider for specific answers to their specific needs.

About Ronald Kent, MD

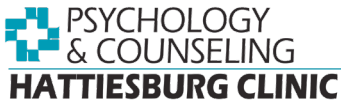
Dr. Kent has been in practice since 1981 and joined Hattiesburg Clinic in 1997. Dr. Kent received his medical degree from the University of Mississippi School of Medicine in Jackson. He completed an internship and residency at the University of Mississippi Medical Center. He is certified by the American Board of Pediatrics. He has a special interest in patients with Attention Deficit Hyperactivity Disorder. Dr. Kent and his wife Anne have three children, Emily (and Troy), James (and Jessica) and Grace. He is a member of Temple Baptist Church. In his spare time, he enjoys woodworking, gardening, and playing with his grandchildren.

CONFERENCE HOSTS



ABOUT CONNECTIONS

Connections serves as a regional resource and treatment center providing medical, educational, speech-language and dyslexia evaluation services for children and teenagers. Their providers offer medical evaluation and management of ADHD and related concerns. They also work collaboratively with Psychology & Counseling to treat behavioral and emotional issues. Connections can be reached at (601) 261-5159.



ABOUT PSYCHOLOGY & COUNSELING

Psychology & Counseling offers a broad range of outpatient services, including research-based counseling and comprehensive psychological assessments. Their team of licensed and credentialed professionals offer counseling for individuals, couples and families struggling with a range of mental and emotional issues, such as anxiety, depression and obsessive-compulsive disorder. Psychology & Counseling can be reached at (601) 261-1650.

AGENDA

Thursday, October 21, 2021

- | | |
|------------------------|--|
| 8:30 - 9:00 a.m. | WELCOME, OPENING REMARKS, CONFERENCE DETAILS, AND DOOR PRIZES |
| 9:00 - 10:00 a.m. | OPENING PLENARY SESSION:
1. "Move to Learn" - Let's MOVE to Learn
<i>Larry Calhoun and Dale Dieckman, ATC, CSCS</i> |
| 10:00 - 10:20 a.m. | SESSION EVALUATION AND BREAK: VISIT VIRTUAL EXHIBITORS |
| 10:20 - 11:30 a.m. | CONCURRENT SESSIONS
2. Complementary Behavior Therapy and Medication in the Treatment of ADHD
<i>Josh Hamm, LPC, and Krystal Draughn, LCSW</i>
3. Is a Service Dog the Answer? - <i>Alison Patroliia, CVT, SDC</i>
4. Myths about ADHD and Its Treatment - <i>Ronald Kent, MD</i>
5. Utilizing Visual Supports to Enhance Positive Behavior During Daily Transitions
<i>Nicole Briceno, MS, and Alicia Westbrook, PhD</i> |
| 11:30 a.m. - 1:00 p.m. | SESSION EVALUATION AND LUNCH BREAK |
| 1:00 - 2:10 p.m. | CONCURRENT SESSIONS
6. Auditory Processing Disorder and ADHD - <i>Alicia Swann, MCD, CCC-A</i>
7. Behavioral Treatment for ADHD: Building a Functional Foundation – <i>Ember Dufrene</i>
8. How to Maximize Success of ADHD Management - <i>Lauren English, PA-C</i>
9. Is a Service Dog the Answer? - <i>Alison Patroliia, CVT, SDC</i> |
| 2:10 - 2:30 p.m. | SESSION EVALUATIONS AND BREAK: VISIT VIRTUAL EXHIBITORS |
| 2:30 - 3:40 p.m. | CONCURRENT SESSIONS
10. Complementary Behavior Therapy and Medication in the Treatment of ADHD
<i>Josh Hamm, LPC, and Krystal Draughn, LCSW</i>
11. It's Not Just for Kids: Impulse Control and Distress Tolerance for Women
<i>Stephanie Smith, DSW, LCSW</i>
12. Myths about ADHD and Its Treatment – <i>Ronald Kent, MD</i>
13. Oral Language and the Links to Reading
<i>Lauren Robinson, MS, CCC-SLP, CALT and Chelsea Colip, MS, CCC-SLP, CALT</i> |
| 3:45 - 3:55 p.m. | CLOSING REMARKS |
| 3:55 - 4:00 p.m. | SESSION EVALUATION |

AGENDA

Friday, October 22, 2021

- 8:30 - 8:45 a.m. **WELCOME, DAY 2 OPENING REMARKS, CONFERENCE DETAILS, AND DOOR PRIZES**
- 8:50 - 10:00 a.m. **CONCURRENT SESSIONS**
- 14. ADHD: The Physical Connection - *Elizabeth Felder, MD*
 - 15. One in Five: Dyslexia 101 - *Cathryne Wells, CCC-SLP*
 - 16. Self-care with ADHD - *Danyella Terrell, LMSW*
 - 17. Turning Off the Active Brain: Clinical Evidence and Treatment Options When Insomnia and ADHD Co-occur - *Andrew Hamilton, PsyD*
- 10:00 - 10:20 a.m. **SESSION EVALUATION AND BREAK: VISIT VIRTUAL EXHIBITORS**
- 10:20 - 11:30 a.m. **CONCURRENT SESSIONS**
- 18. Developing an Effective Dyslexia Therapy Program in a School Setting
Cena Holifield, PhD, CALT-QI, and Erin Howayeck, EdS, CALT
 - 19. Emotional Impulsivity - *Carrie Morgan, PhD*
 - 20. Behavioral Treatment for ADHD: Building a Functional Foundation - *Ember Dufrene*
 - 21. What is Dyslexia Therapy and Why is it Necessary?
Donna George, EdS, CALT-QI, C-SLDS, and Kathleen Pitts, MEd, CALT, C-SLDS
- 11:30 a.m. - 1:00 p.m. **SESSION EVALUATION AND LUNCH BREAK**
- 1:00 - 2:10 p.m. **CONCURRENT SESSIONS**
- 22. Mississippi Department of Education Dyslexia Updates - *Jayda Brantley, MEd, CALT*
 - 23. The Reality of Obsessive Compulsive Disorders - *Melanie Hamm, CPNP-PC*
 - 24. The Why, the How, and the What: Medication's Role in Helping Children and Adolescents with ADHD - *Jonathan Shook, MD, FAAP*
- 2:10 - 2:30 p.m. **SESSION EVALUATION AND BREAK: VISIT VIRTUAL EXHIBITORS**
- 2:30 - 3:40 p.m. **CLOSING PLENARY SESSION:**
- 25. Dr. Kent and Friends Panel Discussion - *Ronald Kent, MD*
- 3:40 - 3:50 p.m. **CLOSING REMARKS AND DOOR PRIZES**
- 3:50 - 4:00 p.m. **SESSION EVALUATION AND FINAL CONFERENCE EVALUATION**

CONCURRENT SESSIONS

ADHD: THE PHYSICAL CONNECTION

Elizabeth Felder, MD

The benefits of physical activity for children with ADHD.

AUDITORY PROCESSING DISORDER AND ADHD

Alicia Swann, MCD, CCC-A

Auditory Processing Disorder (APD) is an abnormality in the auditory neurological system that affects the brain's ability to process and understand what it heard even though hearing sensitivity is normal. APD affects 43% of children struggling in school, but it can be mistaken for or coexist with other conditions such as ADHD. Identification and treatment can help children communicate effectively, succeed in school, and reach their full potential.

BEHAVIORAL TREATMENT FOR ADHD: BUILDING A FUNCTIONAL FOUNDATION

Ember Dufrene

This session will address several kinds of behavioral interventions that can help children with ADHD manage their symptoms of hyperactivity, compulsivity, and inattention. This lecture will address behavioral modifications that teach both care providers and their children skills they can use to add needed control and success. Along with strategies for staying organized and focused, this session will provide explanations toward decreasing disruptive behaviors, increasing social skills, and congruous implementation of behavioral strategies in the home, and include a discussion of broader strategies of behavioral modification to include skills-based interventions for on-task behavior and self-monitoring training to encourage Independence. This session will also discuss tools that teach children the skills necessary to maximize their strengths and compensate for their weaknesses.

COMPLEMENTARY BEHAVIOR THERAPY AND MEDICATION IN THE TREATMENT OF ADHD

Josh Hamm, LPC, and Krystal Draughn, LCSW

In this session, we will provide empirically supported tools that clinicians, such as LPCs, social workers and psychologists, can use in their practice to compliment medical treatment of ADHD. These tools will also be helpful for parents and teachers, who can utilize in addition to their child's ADHD treatment. We will explain how these compliment the use of medication in the treatment of ADHD and how they can also boost interpersonal, self-control and social skills that can be problematic in children with ADHD.

DEVELOPING AN EFFECTIVE DYSLEXIA THERAPY PROGRAM IN A SCHOOL SETTING

(School Administrators Only) - Cena Holifield, PhD, CALT-QI, and Erin Howayeck, EdS, CALT

House Bill 754 was signed into law by the governor of Mississippi on April 17, 2021. The law requires public schools to provide dyslexia therapy intervention programs beginning in July 2021. The presenter will provide information that will facilitate the development of an effective dyslexia therapy program within a school setting.

CONCURRENT SESSIONS

EMOTIONAL IMPULSIVITY

Carrie Morgan, PhD

Children (and adults) with ADHD are known for more common symptoms, such as inattention and hyperactivity. Impulsivity, which is also part of some types of ADHD, includes emotional and behavioral features. This presentation will dive into the impulsive side of ADHD, how that differs from other mood disorders, and what parents or teachers can do to handle emotionally charged interactions with their children or students.

HOW TO MAXIMIZE SUCCESS OF ADHD MANAGEMENT

Lauren English, PA-C

A discussion reviewing all current options available when treating ADHD with medication while empowering our children to feel confident whenever discussing their diagnosis and choice to treat ADHD medically.

IS A SERVICE DOG THE ANSWER?

Alison Patroliia, CVT, SDC

The benefits of a service dog can almost be innumerable, but is a service dog always the answer? Through this session you will learn about the training, tasks, and types of service dogs and how it can impact someone's life.

IT'S NOT JUST FOR KIDS: IMPULSE CONTROL AND DISTRESS TOLERANCE FOR WOMEN

Stephanie Smith, DSW, LCSW

This session will focus on pitfalls associated with an inability to tolerate distress. We will look at how this manifests in women in the areas of compulsive shopping, maladaptive relationships, and eating disorder behaviors.

MISSISSIPPI DEPARTMENT OF EDUCATION DYSLEXIA UPDATES

Jayda Brantley, MEd, CALT

In this session participants will learn about public school requirements for students with dyslexia as well as what is best practice for optimal student outcomes.

MYTHS ABOUT ADHD AND ITS TREATMENT

Ronald Kent, MD

There are many myths that surround the diagnosis and treatment of ADHD that cause its treatment to be significantly delayed or not implemented at all. We will have an open discussion of these myths and hopefully establish the facts surrounding this disorder.

CONCURRENT SESSIONS

ONE IN FIVE: DYSLEXIA 101

Cathryne Wells, CCC-SLP

Past conference attendees have asked for very basic information on dyslexia. This is it! After this session, you will have an accurate understanding of the many characteristics of dyslexia and you will be able to recognize the dyslexic child in your classroom...or in your home. This is for beginners.

ORAL LANGUAGE AND THE LINKS TO READING

Lauren Robinson, MS, CCC-SLP, CALT and Chelsea Colip, CCC-SLP, CALT

Students with speech/language disorders are at a greater risk for reading difficulties. *The Simple View of Reading* and the reading quadrant helps us classify and base our intervention according to students' strengths and weaknesses. Using structured multisensory intervention with strong orthographic support facilitates the development of speech, language, and literacy.

SELF-CARE WITH ADHD

Danyella Terrell, LMSW

Self-care is essential. Self-care goes a long way in minimizing symptoms of ADHD and taking control of your life. While a spa day sounds oh-so-relaxing, self-care is so much more than mani-pedis and massages. Self-care is like parenting yourself when it comes to your own well-being. It can include using a day planner to follow a routine, making and attending doctor and/or therapist appointments, creating a nutritious meal plan to nourish your body, and developing/implementing an organizational system. This session will outline healthy self-care practices in managing ADHD.

THE REALITY OF OBSESSIVE COMPULSIVE DISORDERS

Melanie Hamm, CPNP-PC

This session will help attendees understand the signs and symptoms of OCD and how those symptoms appear along with other mental health disorders like ADHD, anxiety, depression, and eating disorders. Interventions and treatment recommendations will be addressed as well.

THE WHY, THE HOW, AND THE WHAT: MEDICATION'S ROLE IN HELPING CHILDREN AND ADOLESCENTS WITH ADHD

Jonathan Shook, MD, FAAP

We will explore the medical management of ADHD in children and teens in detail by discussing a number of relevant topics surrounding ADHD and its treatment. We will leave time for your questions at the end of the session!

TURNING OFF THE ACTIVE BRAIN: CLINICAL EVIDENCE AND TREATMENT OPTIONS WHEN INSOMNIA AND ADHD CO-OCCUR

Andrew Hamilton, PsyD

This session reviews the evidence and clinical connections between insomnia and ADHD throughout the lifespan. Available clinical evidence will be reviewed, and treatment implications for treating and managing co-occurring insomnia and ADHD will be discussed.

CONCURRENT SESSIONS

UTILIZING VISUAL SUPPORTS TO ENHANCE POSITIVE BEHAVIOR DURING DAILY TRANSITIONS

Nicole Briceno, MS, and Alicia Westbrook, PhD

Prevention is the key component to supporting children at-risk for social-emotional delays, including children with ADHD and related disabilities. Supportive home and school environments for children utilize visual strategies during daily routines and transitions. Visual strategies can be used to prevent problem behaviors, serve as a reminder for verbal directions, and teach appropriate behavior during transitions.

WHAT IS DYSLEXIA THERAPY AND WHY IS IT NECESSARY?

Donna George, EdS, CALT-QI, C-SLDS, and Kathleen Pitts, MEd, CALT, C-SLDS

This session is for teachers, parents and anyone interested in what is actually included in dyslexia therapy. It will cover why dyslexia therapy is needed for some children, adolescents, or grown-ups.

CONFERENCE INFORMATION

LOCATION - ONLINE (LIVE AND ON-DEMAND)

Attendees will be able to watch the conference in **real-time or on-demand through November 2021**. However, **certain credit offerings are not flexible**, so be sure to read carefully when registering for the conference to make sure you can view sessions both live and recorded to receive credit. Some credits can only be received for live viewing, and some credits can only be received for on-demand viewing. This information will be available at registration.

CONFERENCE WEBSITE – www.hattiesburgclinic.com/adhd

The agenda, general conference information, session descriptions, registration, and more are available here.


WHO SHOULD ATTEND

This conference is appropriate for school administrators, educators, counselors, marriage and family therapists, health care providers, nurses, psychologists, social workers, dyslexia therapists, speech-language pathologists, parents and caregivers.

CONTINUING EDUCATION UNITS

Continuing Education Units (CEUs), credit units and contact hours from the following entities have been applied for: William Carey University Educator CEUs, American Speech-Language Hearing Association, Academic Language Therapy Association, Mississippi Board of Examiners for Social Work and Marriage and Family Therapists, National Board of Certified Counselors, and Mississippi Nurses Foundation, Inc. Gulf Coast Education Initiative Consortium has applied for credit hours from the Mississippi Board of Psychology through The University of Southern Mississippi School of Psychology. Career-level educational administrators may earn SEMI credits; entry-level educational administrators may earn OSL credits. If you are seeking credit, you must complete an evaluation for each session you attend. All credits are included in the cost of registration (not valid for the parent registration rate).

Certificates of Attendance for out-of-state participants will be available online in the participant's registration account once they have attended all sessions and completed the evaluation. Certain credit offerings are not flexible, so be sure to read carefully when registering for the conference to make sure you can view sessions both live and recorded to receive credit. Some credits can only be received for live viewing, and some credits can only be received for on-demand viewing. This information will be available at registration.

 <p>APPROVED PROVIDER ASHA CONTINUING EDUCATION AMERICAN SPEECH-LANGUAGE HEARING ASSOCIATION</p>	<p>USM DuBard School for Language Disorders is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.</p>
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This course has applied for 1.0 ASHA CEUs (intermediate level, professional level)

SW/MFT | This organization (Gulf Coast Education Initiative Consortium) has applied for continuing education credits through the Mississippi Board of Examiners for Social Workers and Marriage and Family Therapists.

NBCC | This activity has applied for NBCC CE hours through the National Board for Certified Counselors.

PSYCHOLOGY | This activity has applied to The University of Southern Mississippi, School of Psychology, Continuing Education Overview Committee, which is approved by the Mississippi Board of Psychology to provide CE credits for the purpose of relicensure.

NURSING | This continuing education activity has applied for credit hours through the Mississippi Nurses Foundation, Inc., an Accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation.

CONFERENCE INFORMATION

REGISTRATION

Registration fees will be paid to Gulf Coast Education Consortium (GCEIC) and are as follows:

Early Rate (through Sept. 17 at 11:59 p.m.) - **\$126**

Regular Rate (from 12:00 a.m. Sept. 18 through Oct. 8 at 11:59 p.m.) - **\$140**

Late Rate (from 12:00 a.m. Oct. 9) - **\$154**

Three or more from the same district or organization receive 10 percent off.

Contact GCEIC at (601) 528-5342 for the discount code

Parent/Caregiver - \$42 Contact GCEIC at (601) 528-5342 for the discount code

HOW TO REGISTER

Please visit www.hattiesburgclinic.com/adhd to register. You may also call (601) 528-5342 to register or for assistance.

SPECIAL ACCOMMODATIONS

If a participant has a disability that qualifies under the Americans with Disabilities Act and requires accommodations, the participant should contact the GCEIC office by phone at (601) 528-5342 or by fax at (800) 960-8493 at least two weeks prior to the event.

REFUNDS AND CANCELLATIONS

Conference registrations are transferable but not refundable. Requests to transfer registration to another person must be made in writing prior to the conference.

Requests may be faxed to (800) 960-8493 or emailed to stacy.moseley@gceic.org. Requests may also be mailed to GCEIC, 11975 Seaway Rd., Suite A240, Gulfport, MS 39503.

SPEAKER INFORMATION AND DISCLOSURE STATEMENTS

Speaker information and disclosure statements may be found at gceic.org/adhd-and-related-concerns-conf.

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