

# Video Script for Our Commitment – Diabetic Eye Exam

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Provider

Our eyesight is invaluable, but it's not something we often think of when it comes to preventative health.

We should all do our best to take care of our eyes, but if you've been diagnosed with diabetes there are some extra precautions you should take. The easiest thing you can do is to schedule an annual diabetic eye exam.

A complete diabetic exam includes visual acuity, visual field exam, measuring the intraocular pressure to check for glaucoma and a dilated retinal exam to look for retinal changes from diabetes. Dilation is an important part of a comprehensive eye exam because it enables your eye care professional to view the inside of the eye. Retinal changes from diabetes are important to discover not only for the eye itself, but also can be an indicator of kidney damage.

It is very important for diabetics to get a dilated exam at least every year.

In addition to your annual diabetic eye exam you should control your blood sugar, blood pressure and cholesterol. All of these things play an important role in protecting your vision, kidneys and heart from the effects of diabetes.

Our commitment is to taking care of the whole patient. If you would like to schedule a diabetic eye exam please call your eye specialists.

(Insert ending graphic)



our **commitment** to **you...**

For more information visit  
[hattiesburgclinic.com/ourcommitment](http://hattiesburgclinic.com/ourcommitment).

