

Fall Risk Screening

Falls are the leading cause of fatal and non-fatal injuries for older Americans. However, they can be prevented.

Things to know:

- Common risk factors for falls include a decline in vision, slower reflexes, muscle weakness, certain medications, etc.
- A fall can also be a sign of another medical problem that needs attention.
- Most falls happen at home and some can be prevented by fall proofing your home/environment.

Our one-on-one fall risk screening will determine your personal risk factors for a fall. If needed, we can also refer you to someone who specializes in fall prevention.

(Sources: National Council on Aging, National Institute of Health)

our **commitment** to **you...**

Appointment Date: _____

Appointment Time: _____

Department: _____

Notes: _____



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