

# Depression Screening

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**There is no shame in having depression. It is a common, treatable condition that varies from person to person.**

## **Things to know:**

- Depression affects more than 300 million people of all ages worldwide.
- Symptoms might include depressed mood, loss of interest and enjoyment, reduced energy, and significant changes in sleep or appetite.
- If left untreated, depression can lead to other health issues and, at its worst, suicide.

Screening for depression is an important part of your health care evaluation in ensuring that we are treating all your health needs. Hattiesburg Clinic offers counseling and mental health services for the treatment of depression.

(Source: World Health Organization)

our **commitment** to **you...**

**Appointment Date:** \_\_\_\_\_

**Appointment Time:** \_\_\_\_\_

**Department:** \_\_\_\_\_

**Notes:** \_\_\_\_\_

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