

Blood Pressure

High blood pressure is a serious medical condition affecting about 85 million Americans.

Things to know:

- 1 in 3 adults has hypertension (high blood pressure). Hypertension is called “the silent killer” because it often has no warning signs and contributes to about 1,000 deaths per day.
- Only about 50% of patients with hypertension have their blood pressure controlled.
- When your blood pressure is uncontrolled, you are 3 times more likely to die from heart disease and 4 times more likely to die of a stroke.

Low blood pressure is less common but can still pose a risk when symptoms of dizziness, nausea, fainting, etc. are present. At Hattiesburg Clinic, blood pressure is one of the first things we measure during an exam. Doing so is part of our commitment to your overall health needs.

(Source: Bryan N. Batson, MD, Hattiesburg Clinic Hypertension Center)

our **commitment** to **you...**

Appointment Date: _____

Appointment Time: _____

Department: _____

Notes: _____



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